



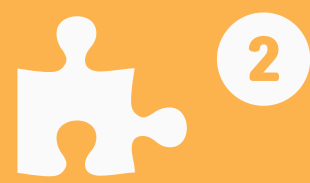
How-To: Avoid Grade Plummeting

by working together with your child to create a plan



What's Considered 'Grade Plummeting'?

Although there's not an official definition for grade plummeting, we consider it to be a drop in a letter grade or more over a period of weeks, months, or semester.



Possible Causes Behind Dropped Grades

The most well-known causes are distractions and lack of motivation or laziness however, chronic medical disorders could also be the issue and should be explored by a medical professional in every case

Possible Causes or Explanations:

- Adapting to a New School
- Problems with Friends
- Evolving Social Circles
- Inconsistent Sleep Schedule
- Busy Extracurricular Schedules
- Video Games & T.V.
- Adolescent Disaffection
- Death or Divorce in Family
- Chronic Disorders (ADD, ADHD, etc.)



Create a Plan of Attack

Stay calm; and remain supportive.

Listen for hints during conversations, acknowledge the problems, and suggest working together to create a routine and expectations for improvement. And communicate with their teacher regularly for updates.



How Do I Know It's Working?

- 1. Communication remains open and transparent*
- 2. Improved attitude, ownership of issue and a resolve to change negative patterns*
- 3. Renewed focus in classroom settings and home environments*
- 4. Classroom participation and exemplary behavior with peers*
- 5. Homework and grade progress accompany teacher affirmations*



Checking In

Deadlines or goals help the child understand how much time they have to achieve the expectation you've set forth. Leaving it open ended allows for assumptions on results and the best way to achieve the goals, and the possibility that your expectations aren't met.